



LEARNING RESOURCES

Indigenous Cultural Safety, Cultural Humility and Anti-racism

Definitions

Anti-racism: The practice of actively identifying, challenging, preventing, eliminating, and changing the values, structures, policies, programs, practices, and behaviours that perpetuate racism

Organization/author	Title/link	Theme	Type of resource	Cost
The Canadian Encyclopedia Maureen K. Lux.	Indian Hospitals in Canada	History Knowledge	Website	Free

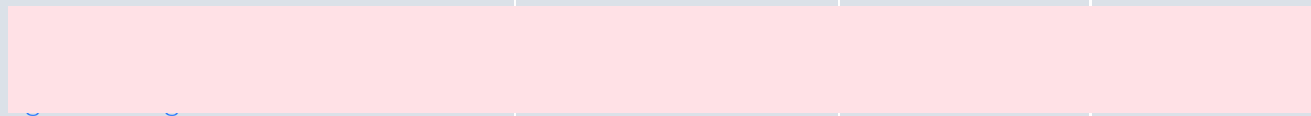
Webinar/videos

Organization/author	Title/link	Theme	Type of resource	Cost
University of Victoria	Challenging Racist "British Columbia"	History	Videos (~13	

Organization/author	Title/link	Theme	Type of resource	Cost
Northern Health and National Collaborating Centre for Aboriginal Health	Cultural Safety for Indigenous Peoples: A Determinant of Health series Healing in Pandemic Times: Indigenous Peoples, Stigma, and COVID-19 Local Cultural Resources (short videos)	Person-led care Trauma-informed practice	Video series (~1.5 hours total)	

Organization/author	Title/link	Theme	Type of resource	Cost
CBC	White Coat Black Art podcast November 27, 2020: Fear of racism deters many Indigenous people from seeking medical treatment, says health-care leader June 19, 2021: SafeSpace app	Self-reflective practice Creating safe health-care experiences	Podcast	Free

Readings

Organization/author	Title/link	Theme	Type of resource	Cost
Samir Shaheen-Hussain	 Canada			



Organization/author	Title/link	Theme	Type of resource	Cost
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Organization/author	Title/link	Theme	Type of resource	Cost
Relationship-centered Care: A Constructive Reframing. Mary Catherine Beach	Relationship-centered Care (nih.gov)	Person-led care	Article	Free
The Indigenous Health Writing Group of the Royal College 2019	Indigenous Health Primer	History	Guide	Free
Richardson, L. & Murphy, T. (2018).	Bringing Reconciliation to Healthcare in Canada: Wise Practices for Healthcare Leaders	Anti-racism Trauma-informed practice	Article	Free
CMAJ, 192(9), E208-E216. March 2020	Indigenous-led health care partnerships in Canada Allen, L. et al.	Person-led care	Article	Free
Thomas King	An Inconvenient Indian	History	Book	

Organization/author	Title/link	Theme	Type of resource	Cost
Suzanne Methot	Legacy: Trauma, Story, and Indigenous Healing	History Trauma-informed practice	Book	\$
Bob Joseph	21 Things You May Not Know About the Indian Act: Helping Canadians Make Reconciliation with Indigenous Peoples a Reality	History	Book	\$

Courses

Organization/author	Title/link	Theme	Type of resource	Cost

